

10K Challenge Log Sheet

•	TENNESSEE BIB:				Tennessee Plateau Oncology Family Medicine CMC	
	Trail Segment	Mileage	Completed Distance	Date	Remarks	
Fairfi	eld Glade Paved Trail	1.9				
CMS	P: Byrd Lake Storybook ADA Trail	1.5				
Obed	l River Park Paved Trail	1.7				
Cente	ennial Park Paved Trail	1.2				
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Notes:

1. See our website for trail descriptions, driving directions, parking, trailhead location, trail maps and other details.

6.3

EVENT DATES: Sept 1st - 30th 2025

NAME:

- 2. Any trail may be omitted and replaced with repeating another trail in this list of equivalent distance.
- 3. Wear suitable footwear (hiking boots or shoes), clothing and bring plenty of water.

TOTAL DISTANCE:

- 4. Use bug repellant against ticks and other insects.
- 5. Hiking Marathon: There are separate trails and log sheets for the Hiking Marathon.
- 6. Questions? Contact hike@hikingmarathon.com

LOG YOUR HIKES ONLINE AT: https://www.hikingmarathon.com

CHECK THE WEBSITE FOR ADDITIONAL **INFORMATION**

https://www.hikingmarathon.com