



Hiking Marathon Log Sheet

EVENT DATES: Sept 1st - 30th 2025

NAME: _____

BIB: _____



	Trail Segment	Mileage	Completed Distance	Date	Remarks
1	FG: Cascade Trail	1.6			
2	FG: Glastowbury Trail	1			
3	FG: Overlook Trail	2.3			
4	FG: Red Loop	3			
5	FG: Seven Bridges with St George Loop	2.5			
6	Airport South Loop	2.5			
7	Meadow Park North Trail	2.5			
8	Meadow Park Soldier's Beach Trail	1.7			
9	Meditation Trail	1			
10	Obed River Park Trail	1.5			
11	CMSP: Pioneer Short Loop	2.1			
12	CT: Peavine Road South	3			
13	CT: Selby Loop Head of Sequatchie	1.5			
TOTAL DISTANCE:		26.2			

Notes:

1. See our website for trail descriptions, driving directions, parking, trailhead location, trail maps and other details.
2. Any trail may be omitted and replaced with repeating another trail in this list of equivalent distance.
3. Wear suitable footwear (hiking boots or shoes), clothing and bring plenty of water.
4. Use bug repellant against ticks and other insects.
5. 10K Challenge: There are separate trails and log sheets for the 10K Challenge.
6. Questions? Contact hike@hikingmarathon.com

LOG YOUR HIKES ONLINE AT: <https://www.hikingmarathon.com>

CHECK THE WEBSITE FOR ADDITIONAL
INFORMATION

<https://www.hikingmarathon.com>